

""When things aren't adding up in your life, begin subtracting.

Life gets a lot simpler when you clear the clutter that makes it complicated".

MARC AND ANGEL

This Month ....

May 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Week 1	29	30	1	2	3	4	5
Week 2	6 EARLY MAY BANK HOLIDAY	7	8	9	10	11	12
Week 3	13	14	15	16	17	18	19
WEEK 4	20	21	22	23	24	25	26
WEEK 5	27 SPRING BANK HOLIDAY	28	29	30	31		

THINGS TO LOOK FORWARD TO THIS MONTH....

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## MONTHLY INTENTION

lay 2024

MAY

WEEK ONE

WEEK TWO

WEEK THREE

WEEK FOUR

WEEK FIVE

HOME	WELLBEING
Simplify your Wardrobe	
FAMILY	FINANCE
PERSONAL GROWTH	LOVE + ROMANCE
SOCIAL	RECREATION, FUN + LEISURE
WORK, CAREER + BUSINESS	CONTRIBUTION + COMMUNITY

## HABIT TRACKER

Vay 2024

	HABIT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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ADD TIME BLOCKS AND REMINDERS TO YOUR DIGITAL CALENDAR.

# Debt Total: INCOME Date Description Amount

# REGULAR+ FIXED EXPENSES DEBT REPAYMENTS

TOTAL:

INSURANCES - INVESTMENTS	
REGULAR HOUSEHOLD BILLS	
CAR * TRAVEL	
CHILD - FAMILY	
TOTAL:	
AMOUNT REMAINING:	

Total In	come:	
otal Ex	pense:	
Closing	Balance:	
<b>OTHEI</b>	R EXPENSES BY WEEK Description	Amount
	TOTAL:	
	AMOUNT REMAINING:	
	TOTAL:	
	AMOUNT REMAINING:	
	TOTAL:	
	AMOUNT REMAINING:	

MAY

WEEK ONE

WEEK TWO

WEEK THREE

WEEK FOUR

WEEK FIVE

TOTAL:

AMOUNT REMAINING:

MAY

WEEK ONE

WEEK TWO

WEEK THREE

WEEK FOUR

WEEK FIVE

# MONTHLY FINANCE

<del></del>	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC	

# NOTES \_\_\_\_\_\_

MAY

WEEK ONE

WEEK TWO

WEEK THREE

WEEK FOUR

WEEK FIVE

AIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO OR FOCUS ON EACH DAY	<b>Set your intentions for this week.</b> What things are you going to do to help you achieve your goals?
29 MONDAY	
30 TUESDAY	
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3 FRIDAY	
4 SATURDAY	]
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MAY

WEEK ONE

WEEK TWO

WEEK THREE

WEEK FOUR

WEEK FIVE

AIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO OR FOCUS ON EACH DAY	Set your intentions for this week. What things are you going to do to help you achieve your goals?
20 MONDAY	
I TUESDAY	
2 WEDNESDAY	
3 THURSDAY	
4 FRIDAY	
5 SATURDAY	
26 SUNDAY	

MONTHLY REFLECTION

Good things that happened this month...

WHAT WENT WELL...

WHAT DIDN'T GO SO WELL...

WHAT I CAN CHANGE NEXT MONTH...

WEEK THREE

DID YOU ACHIEVE YOUR GOALS AND INTENTIONS THIS MONTH?

HOW WOULD YOU RATE THIS MONTH OUT OF 10?

INTENTION	HABIT TRACKER	REFLECTION	FINANCE	DAILY PAGE	L
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ODAY'S MOST IMPORTANT THIN	NGS	8888	888		
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